



ISSUE 3 MARCH 2009

Sheffield Hospitals are the best in the country

Here in the Sheffield region, we often forget how lucky we are, in terms of the excellent quality of healthcare in the city. This is often something we take for granted, without actually thinking about it too much, or actually acknowledging the fantastic services that are routinely provided to patients at our hospitals.

This is equally true of both Sheffield Teaching Hospitals NHS Foundation Trust (Northern General, Royal Hallamshire, Weston Park, Charles Clifford Dental, Jessop Wing) and Sheffield Children's Hospitals NHS Foundation Trust.

For the second year running, both Trusts received a double 'excellent' rating for both quality of services and use of resources in the Healthcare Commissions Annual Health Check. The double 'excellent' rating is the highest accolade available and puts

both Trusts within the 42 NHS organisations out of 391 to successfully achieve it.

The Annual Health Check is an independent and highly comprehensive assessment of NHS performance, based on reviews made throughout the year.

In addition to the double 'excellent' rating, Sheffield Teaching Hospitals were once again named the 'Teaching Trust of the Year' and overall 'Trust of the Year', in the Good Hospitals Guide published by Dr Foster in the Daily Telegraph in November 2008. Amazingly, this is the second time in four years that the Trust has come first amongst all the NHS Trusts in England, having won the same award in 2005.

In receiving their awards, both Trusts have shown how they continue to

demonstrate excellence across a wide range of areas which really matter to patients. These include safety, quality of care, waiting times, hospital cleanliness, prevention of hospital acquired infections such as MRSA, and efficient management of resources. This has been achieved with the help of highly skilled and dedicated staff who really care about the services they are providing.

Sheffield Hospitals Charitable Trust is proud to be able to support such fantastic services and to play our own part in assuring that the people of Sheffield receive the level of care that they deserve.

This can only be achieved with your help, so if you are interested in playing your own part, please contact our fundraising team on 0114 226 3415 to find out more.



A MESSAGE FROM OUR CHAIR



Elizabeth Jones

As the clocks go forward and the nights become lighter, memories of the festive celebrations will have long disappeared in your minds. I would however

like to take this opportunity to wish each and every one of you a Happy New Year and thank you all for your support in 2008.

Your contribution is very much appreciated and has helped us to

continue providing grants which enhance healthcare for the people of Sheffield and the surrounding areas. Hopefully we can continue to work together in 2009, and with your help, award even more grants and provide even better services.

Since our last newsletter, our next major fundraising project, the Sheffield Cystic Fibrosis Appeal, has begun to gain momentum. We have been approached by a number of our supporters who are organising events, or volunteering in other ways to raise money for the appeal. Thank you to everyone who is

already involved or who has shown an interest in supporting us.

The charity has recently entered an important new phase in our development with the appointment of our first Director, Nick Perks. We have also expanded our fundraising team, and there have been some changes to our Board of Trustees. For more detail on all these changes, together with news of your fundraising successes, and the difference our grants can make – please read on.

Elizabeth Jones
Chair

Supporting Academic Excellence in Psychiatry



Sheffield Hospitals Charitable Trust is the proud sponsor of The Erwin Stengel Memorial Prize for academic excellence in psychiatry. The prize gives Senior House Officers on the Sheffield rotation the chance to produce a critical review or paper on a research topic of relevance to clinical psychiatry.

Director Nick Perks went along to meet this year's winner, Dr Sudheer Lankappa, who, as prize winner, was given the chance to present his research at a lunchtime seminar. Dr Sudheer Lankappa's name was also added to the memorial plaque and he was awarded £100 for his efforts.

Erwin Stengel was a leading British psychiatrist and an important contributor to suicide research in the mid-20th century. He was appointed the first chair of psychiatry at the University of Sheffield in 1957, a position he held until his retirement in 1967.

(above): Director Nick Perks and Professor Peter Woodruff from the University of Sheffield congratulate prize winner Dr Sudheer Lankappa (middle).

STAFF CHANGES

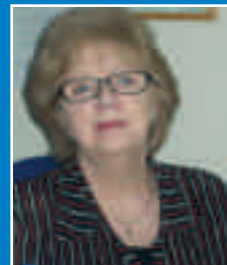
New Director



Nick Perks joined Sheffield Hospitals Charitable Trust in September 2008 as the organisation's first Director. He has been tasked with developing the charity's strategy and building on our recent success. He will work closely with our Board of Trustees, the staff team and our colleagues at the NHS Trusts in Sheffield.

Previously, Nick worked as Assistant Trust Secretary for the Joseph Rowntree Charitable Trust in York, managing grant programmes across the UK and Ireland. Nick is happy to hear from anyone who is interested in finding out more about the work of the charity and can be contacted at our offices on 0114 271 1351.

New Fundraiser



Carol Fields joined us in January 2009 and is responsible for legacy marketing, managing volunteer fundraisers, events management and media work. Previous to this, Carol worked for a number of charities in a range of fundraising roles. These include Marie Curie Cancer Care, Weston Park Hospital Cancer Appeal, Perennial (Gardeners Royal Benevolent Society) and Hearing Dogs for Deaf People. Carol has a degree in Social Sciences, which she achieved as a mature student at Sheffield Hallam University.

Carol has lots of fundraising experience and is happy to hear from anyone who is interested in getting involved with the work of the charity, or who would like to find out more about the work that is going on. Call her on 0114 226 3517 or e-mail her at carol.fields@shct.nhs.uk to find out more.

Changes to the Board of Trustees

We are delighted to welcome **Joe McNally** to Sheffield Hospitals Charitable Trust. Joe joined the Board of Trustees in November 2008 and brings with him a wealth of experience, having previously served as a non-executive director at Sheffield Children's Hospital. Joe was also chief superintendent at South Yorkshire Police and is a qualified solicitor. John Donnelly was re-appointed as a Trustee in November 2008 and will serve for a further three years until September 2011.

Head of Fundraising

Isabelle Rose Dickens arrived safely in October. Proud mum **Emma Dickens**, also Head of Fundraising at SHCT, will be on maternity leave until July 2009. In her absence, **Isla Denoon** and **Carol Fields** are the first point of contact for anyone who is interested in becoming involved in the work of the charity, either as a volunteer or as a fundraiser. Isla can be contacted at isla.denoon@shct.nhs.uk or on 0114 226 3415 and Carol can be contacted as above.



THANKS TO YOU

Below is a list of the projects we have been able to fund thanks to the kindness and generosity of our supporters. Your help is greatly appreciated so please continue to help in any way you can...

£22,985 – Wheelchairs for Spinal Ambulance

The 30 new wheelchairs and pressure relieving cushions at the Northern General Hospital, will not only improve safety when transporting spinal injury patients, but will also help ensure that the minibus, previously funded by the charity, is used more effectively. The minibus is an essential piece of kit as it is used to take patients out of the hospital as part of their rehabilitation after injury, some of whom live a long way from friends and family and therefore do not have the opportunity to get out that much.

£63,450 – Transonic Monitors

The two monitors, in use within the Renal Department at the Northern General Hospital, are self-contained, portable devices that allow measurement of haemodialysis vascular access flow, blood recirculation during haemodialysis, delivered blood flow (measurement of dialysis adequacy) and cardiac output. The device detects problems with patients' vascular access at an early stage, which is a crucially important determinant of survival and quality of life for patients undergoing dialysis.

£109,276 – Full-Time Youth Worker

A grant from SHCT has enabled Sheffield Children's Hospital to appoint a full-time

youth worker, for a three year period, to develop and enhance service provision for teenagers. The youth worker is responsible for patient advocacy and support, awareness raising within the hospital and amongst external agencies, appropriate transition to adult services, and organising and facilitating leisure and social activities. They will also ensure that the teenagers' needs are given a prominence and priority within the hospital setting.

£11,780 – Patient Experience Monitoring System

The electronic system, in use across Sheffield Teaching Hospitals, uses both portable and fixed electronic devices to allow patients and visitors to comment on their experiences of the hospitals. The system will help monitor patients' and visitors' views, enabling staff to identify and resolve any issues early, leading to practical and on-going improvements to services based on their feedback.

£5,063 – Equipment for Critical Care Department

The new equipment at the Northern General Hospital will improve facilities within the staff counselling and appraisal rooms, staff rest rooms and the doctors' rest rooms. New furniture has also been bought to improve the relatives' waiting areas.

WE COULDN'T DO IT WITHOUT YOU!

CHARITY NIGHT FOR LEUKAEMIA

Members of the Sheffield Business Club turned out in force last year, at an event in support of the Sheffield Leukaemia and Blood Disorders Appeal.

Over 150 members attended 'A Night at the Dogs' at Owlerton Stadium in Sheffield, as part of the Business Club's charity networking programme. The event turned out to be their busiest of 2008 and raised just under £3,000 for our appeal.

Peter Rawlinson is the chairman of Sheffield Business Club. He said: "This was a memorable night that saw key Sheffield business people get behind a very worthy cause, whilst enjoying a great night's networking. I must thank everyone who sponsored races or dogs and helped raise such a fantastic amount of money for the Sheffield Leukaemia and Blood Disorders Appeal."

SUPPORTING CANCER PATIENTS



The care of cancer patients affected by leukaemia and other blood disorders will continue to improve, thanks to Libby Mathieson's fundraising efforts.

Libby, who is the landlady of the Punch Bowl Pub in Gleadless, holds regular charity nights in order to raise money for the Sheffield Leukaemia and Blood Disorders Appeal. Previous events so far have included a Halloween fancy dress party, a Carling FA Cup night, James Brown and Blues Brothers tribute nights, and several prize raffles.

Libby began fundraising after the sad loss of one of her regular customers, Liam

Surgeon, who passed away in 2007 from leukaemia, aged just 22. Libby wanted to support the appeal to keep the memory of Liam alive and to help other young people and their families who are currently living with the disease.

Since she began, Libby and her customers have helped raise over £1,000, with future planned events ensuring this amount will reach even higher.

For more information on upcoming events at the Punch Bowl or to get involved with fundraising for the appeal, please call 0114 226 3415 or visit www.shctonline.org.uk for more information.

RAISING MONEY FOR SPINAL INJURIES



The charity received over £5,000 from one local fundraiser, for the Spinal Injuries Unit at the Northern General Hospital.

After Rachel Donger broke her back in August 2007 and damaged her spinal cord, she decided she wanted to give something back to the unit where she was so well looked after.

Her first charity event was a clay pigeon shoot, which her father organised near to his home in Northampton. The event was a great success and a total of £3,000 was raised. The proceeds were split between the Spinal Injuries Unit and the Warwickshire and Northamptonshire Air Ambulance.

Rachel and her friend Kay Saunders then organised a charity ball in August 2008, which offered ticket holders a three course meal, auction and disco. Over £1,800 was raised, with most tickets selling before the story even went to press!

Her role as events coordinator for Skirmish Paintball Games inspired Rachel to organise her final event, a paintball tournament in Sherwood Forest. Teams from Skirmish sites all over the UK came along on the day to support the cause, and just under £2,000 was raised and donated to the Spinal Injuries Unit.

STARS AND STRIPES

The Intensive Care Unit at the Northern General Hospital will benefit from events in Sheffield and Rotherham, thanks to Michelle Hanney.

Michelle wanted to thank the doctors and nursing staff for their excellent care and support when her brother Martin was admitted to the unit last year. Martin was an inpatient for two and a half weeks in July and owing to a number of complications, unfortunately passed away, aged just 38.

Since the death of her brother, Michelle, her brothers Stephen and Paul, and friends Sharon and Chalky, have been committed to raising money to help other intensive care patients. Between them they have organised a barbecue and karaoke night which raised a total of £1,010, a Halloween party hosted at Michelle's house and karaoke at her local pub the following night which raised a further £756. Other events included a 'Stars in Their Eyes' night at the Holiday Inn Royal Victoria, where guests sang their hearts out in the style of past and current stars and enjoyed a hearty dinner of pie and peas.

The family plan to continue fundraising and will take part in a sponsored walk on 18th July around parts of Rotherham, for which there is a stipulated dress code of red and white stripes, in honour of Martin's football team, Sheffield United.



NEONATAL TRANSPORT TEAM ORGANISE CHARITY INCUBATOR PUSH



The North Trent Neonatal Transport Team, based at the Jessop Wing in Sheffield, recently took part in an incubator push around Sheffield City Centre, in a bid to raise money for Sheffield Hospitals Charitable Trust.

This charity event, which took place in October, saw the procession of fundraisers leaving the Jessop Wing donned in fancy dress, with superman, a naughty nurse and a bumble bee all in attendance.

The procession certainly caught the attention of passers-by, who dug deep to support the team. In total they raised a fantastic £1,077.80, which will go to benefit patients and families on the Neonatal Intensive Care Unit at the hospital.

Transport coordinator and event organiser Caron Watts said: "The whole team pulled together to raise money to help benefit patients at the hospital. It was a great day and everyone seemed to really enjoy it. I would like to thank everyone who supported us, either by joining the progression as a fundraiser, or who made a donation and took time out of their day to find out a bit more about what we do. Everyone was extremely generous and we really cannot thank them enough."

HEARSE'ING AROUND!

An intrepid team of four fundraisers took part in the challenging Coyote Rally last year to raise money for the Sheffield Leukaemia and Blood Disorders Appeal. The annual event began in Calais and saw 98 teams travel through Paris, Munich and Prague, before reaching their final destination of Amsterdam.

The team's vehicle of choice was a somewhat outrageous pink hearse. The team was lead by Reverend Anthony Fry and so decided to call themselves the 'Rev'd-up Raiders'. They had an eventful journey to say the least. Notable events included losing their hearse in Prague for 5½ hours and

taking a wrong turn and nearly ending up in Hungary.

The 'Rev'd-up Raiders' finally reached the finishing line four days later in Amsterdam. However, the team persevered and although they did not come first in the Rally, they still managed to raise an impressive amount of money for the appeal and certainly managed to turn a few heads in the process.

After the event, the team sold their pink hearse, with proceeds from the sale also being donated to the Sheffield Leukaemia and Blood Disorders Appeal.

DEDICATED FRIENDS RAISE FUNDS FOR TEENAGE CANCER UNIT

Friends and family of a local Doncaster man have raised an impressive £4,341 for the P3 Teenage and Young Persons Unit within the haematology wards at the Royal Hallamshire Hospital, by hosting a charity cricket event.

The event was organised by Rob Johnson – a friend of Neil Gardiner who sadly passed away from leukaemia. Rob, who works at the Lord's Cricket Ground in London, said: "The event was a huge success and it's been great to be able to give something back to the ward where Neil was treated."

The day long event saw Neil's old RAF colleagues battle it out with five other teams, four of which were made up of Neil's family and friends and the other one from Sprotbrough Cricket Club. Neil's friends supplied food to spectators and collected donations for the unit.

The cricket event was part of a series of events which have taken place to raise funds in memory of Neil. Scott Wilson, who played football alongside Neil in the Sprotbrough Crusaders, raised £243 by organising a football tournament to mark the first anniversary of Neil's death. Earlier in the year friends Dan Fisher and Matt Butler raised £532 by running in the Clumber Park 10k race.

The new unit is quite different to the typical hospital environment and was built with young people very much in mind. Patients have the use of computers with internet access, DVD players and PlayStations, and were involved in the planning and design to ensure that their needs were fully met. The atmosphere is friendly and relaxed, to help reassure patients and improve their stay in hospital.

I would like to help Sheffield Hospitals Shine by making a monthly payment of:

£5

£10

£25

Other

Your bank account name

Your bank account number

Your bank sort code

Name and address of your bank

Payable to:

The Royal Bank of Scotland PLC (16-00-08)
Church Street,
Sheffield, S1 1HF,
for the credit of Sheffield Hospitals Charitable Trust, current account number 10025166

The above payment(s) are to go towards

(hospital/fund name/fund number)

Signature

Date

I would like Sheffield Hospitals Charitable Trust to claim the tax back on my donations under the Gift Aid scheme, which enables the charity to claim an extra 25p in every £1 I donate, but doesn't cost me a penny.

I do not wish to receive news, or any further communication, from Sheffield Hospitals Charitable Trust

Reference no.

(for office use only)

THANK YOU FOR YOUR SUPPORT.

WE COULDN'T DO IT WITHOUT YOU! >> WE COULDN'T DO IT WITHOUT YOU!



HELP US TO HELP SHEFFIELD HOSPITALS SHINE

Regular donations are of crucial importance to a local charity – we can plan our activity, knowing when we will have money to spend and how much we will have, making it much easier to budget and maximise the impact of any spending.

This method of supporting a charity is also easy for you. Whatever amount of money you decide you can afford leaves your bank account each month, with nothing for you to do, except feel good about the difference you are making. And we cover all areas of the NHS in Sheffield, so you can tell us where exactly you would like your donations to be spent and that is where it will go.

All of our supporters receive regular updates, so you know that your money is working hard.

So whether you can afford £2 a month, or £20 a month, please help us by completing this form and returning it to:

Sheffield Hospitals Charitable Trust,
FREEPOST NAT 15348, Sheffield, S10 3ZZ.

For more information please call
0114 271 1351.

YOUR DETAILS:

Name

Address

Postcode

Email address

Date of birth

CONTINUED OVERLEAF >>

SHEFFIELD CYSTIC FIBROSIS APPEAL



The Sheffield Cystic Fibrosis Appeal aims to raise funds to build and fully equip a new adult CF centre within Sheffield Teaching Hospitals. The new unit will have dedicated facilities for CF patients, ensuring that they receive first class clinical care and feel at home in an environment that is designed with their needs and age group in mind. In order to make this happen, we need your help...

A number of you ran the Percy Pud 10K Race in December and braved the freezing temperatures in the Loxley Valley in support of the appeal. Our fundraising team were there on the day to cheer on our runners and even they were bitterly cold, wrapped up warm in thick jumpers, scarves, gloves and hats. So for those of you who actually took part in the race this was a real feat!

A team of volunteers from STH joined us at Hillsborough Football Ground in January, to take part in a bucket collection for the appeal. The event was a great success and raised just short of £800. Thank you to everyone who took part and to Sheffield Wednesday Football Club for making it happen.

Some of you have registered your plans to run the Sheffield Half Marathon in aid of our appeal. This includes a brave team of amateur runners from the CF Unit at the Northern General Hospital! The team, led by Consultant Physician Frank Edenborough, so far consists of two consultants, a pharmacist, physiotherapist and secretary. Their main goal is to actually finish the race without stopping, but would like to raise as much money as possible for their cause. To find out how you can support or join them, please visit our website at www.shctonline.org.uk/events.html

If you are interested in raising money for this very worthwhile cause, or would like to find out more, why not contact Fundraiser Isla Denoon at isla.denoon@shct.nhs.uk or on 0114 226 3415. We cannot do this without your support, so please get in touch if you think you can help...

SHEFFIELD LEUKAEMIA AND BLOOD DISORDERS APPEAL

We are delighted to announce that the revised appeal target of £420,000 has now been successfully reached. A big thank you goes out to all of you who have supported the appeal and have helped us to make this happen.

The money is already being put to good use improving services for patients with leukaemia and other blood disorders at the Royal Hallamshire Hospital.

In addition, a further £50,000 was raised to build a dedicated teenage unit in which to support and care for 16 to 25 year olds with leukaemia and other blood disorders.

We are still accepting donations for the appeal and have a number of dedicated volunteer fundraisers who



are hard at work organising a range of events in support of this. Any additional funds will be used to benefit patients and staff within the haematology department at the Royal Hallamshire Hospital.

To make a donation to the appeal, or to find out more about how you can get involved, please contact Carol Fields, at carol.fields@shct.nhs.uk or on 0114 226 3517.

HAVING THE LAST WORD

Dave had worked in the Inland Revenue offices for many years. He thought he had seen it all and heard it all, and there were no surprises left for him. He was wrong.

Thursday morning started the same as usual, mounds of paperwork to complete and a list of phone calls to make. Dave stared wearily at his desk and took the top file off the ever increasing pile and started work.

When the morning's post arrived, Dave gave a half smile to the young woman handing him even more work and placed it in his In-tray. As he did this, a large padded buff envelope caught his eye, so curiously he peeked inside. The envelope appeared to be full of some off-white cotton material. Dave reached inside and pulled out a hand written letter.

Dear Sirs,

Over many years I have dealt with your department. It has not always been easy, you seeming to believe I have earned more money than I thought I had, and you wanting a lot more of it than I wanted to give you.

As you are now reading this, I have to inform you that I am dead. I have instructed my dear wife, upon my death, to send you your final dues. Please find enclosed the shirt off my back. You have had everything else.

Dave smiled sadly as he remembered the canny Scotsman with the dry sense of humour. Later he would have the shirt and letter framed and hung behind his desk – a legacy legend was born.

A Will is a good way to make your wishes known. It doesn't have to be quite as dramatic as the story above. A Will gives you the opportunity to decide how your estate is shared and to take care of loved ones. Even if you do not have any relatives, rather than your estate going to the Crown, a Will gives you the chance to leave a gift to friends. Many people also take the opportunity to leave a legacy to their favourite charity.

Sheffield Hospital Charitable Trust relies on the income we receive from legacies. Will you consider leaving a legacy to us so we can continue to make substantial and lasting improvements to healthcare in Sheffield? If so, why not contact us to discuss where you would like your gift to be spent, or to request a legacy information pack. For further information please contact Carol Fields at carol.fields@shct.nhs.uk or on 0114 226 3517.

HOW YOU CAN HELP

Appeal for Help

We are always happy to hear from anyone who is interested in finding out more about what we do or would like to fundraise on our behalf.

We are also grateful to anyone who has any spare time to help us as a volunteer.

A range of volunteering opportunities are available, including office administration, selling raffle tickets/cards, delivering and picking up collecting tins, or helping out at events. If you are interested in fundraising or volunteering and would like to find out more, why not visit our website at www.shctonline.org.uk or contact Carol Fields on 0114 226 23517 or at carol.fields@shct.nhs.uk

Charity Football Match/Family Fun Day

Following on from a successful football match at the Bright Finance Stadium in Dronfield in 2008, by the Royal Mail in Chesterfield, a repeat event will now take place on 10th May 2009. Both matches are held in memory of Royal Mail employee Paul Dungworth. All proceeds will be donated to the Sheffield Cystic Fibrosis Appeal. If you are interested in supporting the event, or would like to find out more, please contact event organiser Danny Schofield by e-mail at danny.schofield@royalmail.com or on 07812 933 365.

Sheffield Half Marathon

The Sheffield Half Marathon will take place on Sunday 26th April 2009. Have you secured your place and will therefore be joining the thousands of runners making their way through the city centre? If so, why not raise money for Sheffield Hospitals Charitable Trust at the same time. You can raise money for any of the wards or departments within Sheffield Teaching Hospitals (Northern General, Royal Hallamshire, Weston Park, Charles Clifford Dental and Jessop Wing hospitals), Sheffield Primary Care Trust or Sheffield Health and Social Care Trust. To register your interest please call 0114 226 3415 or e-mail isla.denoon@shct.nhs.uk

Charity Skydive

Have you ever wondered what it would be like to experience the thrill of skydive? If so, then here's your chance to find out...

Barry Bull is an SHCT supporter who organises annual skydiving events to raise money for the Special Care Baby Unit at the Jessop Wing. His events take place in June and July each year at an airfield in Hibaldstow, Lincolnshire, and offer participants the chance to experience a tandem skydive with a fully qualified instructor. Anyone can take part and the only requirement is that participants must raise at least £350 in sponsorship money.

If you are interested and would like further information, please contact Barry on 07788 121 802.



Sheffield Hospitals Charitable Trust and related charities

For information on, or to get involved with, SHCT fundraising please contact:

Isla Denoon, Fundraiser, 5 Old Fulwood Road, Sheffield S10 3TG

Telephone: 0114 226 3415 Email: isla.denoon@shct.nhs.uk

Registered Charity Number 1059043



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