



Celebrating the Sheffield Leukaemia and Blood Disorders Appeal

In this edition we are proud to report that the official opening of the new Haematology Unit at the Royal Hallamshire Hospital has now taken place. The event, led by Liberal Democrat Leader Nick Clegg, provided us with the perfect opportunity to sincerely thank all of you who very generously supported the Sheffield Leukaemia and Blood Disorders Appeal. Patients, staff and supporters gathered together to celebrate the new unit and recognise the positive impact it has made for patients with leukaemia and other blood disorders. Further details below.

We are also delighted to report that the Sheffield Cystic Fibrosis Appeal continues to go from strength to strength and that our fundraising target has now been confirmed at £1million. Much work is being done behind the scenes by our Head of Fundraising Emma

Dickens and the rest of the team, to ensure that we can spread the word about the appeal and successfully achieve our target. The official launch is planned for early 2010, with further details about this being posted on our website in due course at www.shctonline.org.uk/cysticfibrosis

With this issue we enclose our leaflet 'Who will you leave a gift to?' to give you more information about leaving a gift to charity in your Will. Also enclosed is our 'Christmas Brochure' which encourages you to support us over the festive period, either by purchasing SHCT Christmas cards or by making a Christmas donation for any of the NHS hospitals or organisations in Sheffield. This, coupled with the usual mix of stories and photographs, makes for a bumper edition.



Elizabeth Jones
Chair

Ward P3 Official Opening

Nick Clegg, Sheffield MP and Leader of the Liberal Democrat Party, visited the Royal Hallamshire Hospital in October to officially open the recently refurbished Ward P3. Professor Alejandro Madrigal, Scientific Director and President of the European Group for Blood and Marrow Transplantation, and Dr Antonio Pagliuca, President of the British Society of Blood and Marrow Transplantation, were also in attendance and unveiled a commemorative plaque.

All three joined patients, staff and supporters, to celebrate the success of the Sheffield Leukaemia and Blood Disorders Appeal, which raised £420,000 to provide new equipment for the haematology unit and much-needed additional isolation rooms. Chair, Elizabeth Jones and Head of Fundraising, Emma Dickens, thanked everyone for their continued support and invaluable contribution to the appeal.

The charity would also like to thank all of you out there who contributed to our appeal, whether that was through donation of money, your time or efforts. Without your help, this project simply would not have been as successful in such a short space of time. Your contributions have made a

significant difference to the lives of patients suffering from leukaemia and other blood disorders.

We do continue to accept donations for the appeal to help fund further projects within the unit. If you are interested in making a donation or would like to find out more, please contact Fundraiser Isla Denoon on 0114 226 3415 or at isla.denoon@shct.nhs.uk



EVENTS...

Festive Ladies Night

26th November 2009

The Festive Ladies Night promises to be a fabulous evening out for all you ladies who enjoy a little pampering and retail therapy! The event takes place at The Rutland Hotel, Sheffield, from 6.30pm to 10pm.

This is your chance to enjoy a night of pampering and shopping to get yourself prepared and looking gorgeous for the fast approaching and ever busy festive period. We have a number of experts on hand offering health and beauty treatments dedicated to helping you get glammed up for the party season, as well as stallholders who will be offering all your Christmas pressie essentials. A one-stop shop for all your festive needs!

Confirmed stallholders so far include Lotions and Potions (health and beauty), Temple Spa (beauty products), Altered Imagez Ltd (mesotherapy), John Lewis (makeovers and beauty products), Forever Living Products (aloe vera products), Point 925 (jewellery), Kathryn Borg (massage and nutritional advice), Phoenix Trading (Christmas stationery and goods) and Body Shop, plus many more.

Tickets for the event are priced at £20 per person and include a delicious finger buffet, Winter Pimms on arrival, as well as discounted health and beauty treatments. For further information or to book your tickets, please contact Fundraiser, Isla Denoon, on 0114 226 3415 or by e-mail at isla.denoon@shct.nhs.uk

All funds raised will go to benefit the Sheffield Cystic Fibrosis Appeal, which aims to raise £1million to help build and fully equip a new adult Cystic Fibrosis Unit at the Northern General Hospital.

Percy Pud 10k

6th December 2009

The Percy Pud 10km takes place along the picturesque Loxley Valley on the North West outskirts of Sheffield. The course is a slightly undulating, out and back one, with very few turns, making it ideal for people aiming to set a personal best. Each finisher in the race traditionally receives a Christmas pudding for their efforts. Food and seasonal music are provided after the race, perfect for families who want to make a morning of it. More information and details of how to apply are available at www.steelcitystriders.co.uk

We would like to thank all at the Percy Pud race for their support in previous years. This has helped us raise a total of £1,300 for the Sheffield Leukaemia and Blood Disorders Appeal and the Sheffield Cystic Fibrosis Appeal.

If you are thinking about taking part in this year's race and would like to raise money for healthcare in Sheffield, please contact Isla Denoon (as above) for further details.



THANKS TO YOU

Some of the grants we have awarded over the last couple of months, made possible by the generosity of supporters just like you...

£16,929

Conversion of bathroom to wet room

The grant enabled one of the existing bathrooms on Ward 4 at Weston Park Hospital to be converted into a wet room. The new wet room provides a shower facility to the 30 bedded oncology ward, allowing patients who are unable to use the treatment bath to have a wash facility suitable for their needs. It also allows patients who have changed physical abilities to be assessed as to their capability to use a shower in their own home upon discharge.

£5,274

Disposable curtains for ward J1

Disposable curtains help improve the ward environment for patients, allowing light into the bays whilst maintaining privacy and dignity. The curtains fold away to help prevent cross contamination, and because they are light and easy to change, also save domestic services time and effort.

£10,598

PCA CADD Pumps

The pumps replace the existing ones in use on Ward P3 at the Royal Hallamshire Hospital. They enable transplant and sickle cell patients to administer their own pain control, giving them greater management and involvement in their individual care. The pumps also help prevent inflammation and ulceration of the mucous membranes lining the digestive tract, usually as an adverse effect of chemotherapy and radiotherapy treatment.

£12,179

Critical Care Equipment

The new equipment will enhance and promote critical care patient rehabilitation at both the Northern General and Royal Hallamshire hospitals. The equipment will be used to safely stand patients who are physically impaired and fatigued due to prolonged critical illness. The standing hoists reduce the physical handling of patients, making standing more comfortable for patients and staff.

STAFF CHANGES

New Director



David Reynolds joined the charity this month as Director. David is responsible for leading the charity into the next stage of its development, and has been tasked with developing a new strategy for the charity, to ensure that we build on our recent successes. David

will be seeking to raise our profile and increase donations so that we can continue to provide grants for projects that will improve healthcare services for the people of Sheffield and the surrounding areas.

Prior to joining Sheffield Hospitals Charitable Trust, David was a senior figure from the voluntary sector in Sheffield, having served over 20 years with the Sheffield and District YMCA, the latter 15 years as Chief Executive Officer. David holds a Masters Degree in Business Administration and in his last role was responsible for the strategic and operational management of a range of health related activities and social enterprises. He is an experienced fundraiser having been responsible for funding a range of programmes and projects over many years.

David is happy to hear from anyone who would like to find out more about the work of the charity. He can be contacted at the charity's offices on 0114 271 1351.

Sheffield Teaching Hospitals Staff Awards

The charity was once again proud to support the Sheffield Teaching Hospital's Staff Thank You Awards.

The Awards acknowledge members of staff or volunteers who have worked above and beyond the call of duty, and who deserve special recognition for the hard work and commitment they exhibit whilst carrying out their duties. Individuals and teams were nominated in ten award categories, with finalists being invited to a prestigious awards ceremony at the Holiday Inn Royal Victoria in October.

This year's event was hosted by Radio and TV Presenter Paul Ross, who did an absolutely fantastic job of introducing the awards and acknowledging the winners and highly commended nominees.

Fundraiser Isla Denoon is pictured with Paul in the photograph below, which was donated courtesy of Chrysalis Photography.





HELP US TO HELP SHEFFIELD HOSPITALS SHINE

Regular donations are of crucial importance to a local charity – we can plan our activity, knowing when we will have money to spend and how much we will have, making it much easier to budget and maximise the impact of any spending.

This method of supporting a charity is also easy for you. Whatever amount of money you decide you can afford leaves your bank account each month, with nothing for you to do, except feel good about the difference you are making. And we cover all areas of the NHS in Sheffield, so you can tell us where exactly you would like your donations to be spent and that is where it will go.

All of our supporters receive regular updates, so you know that your money is working hard.

So whether you can afford £2 a month, or £20 a month, please help us by completing this form and returning it to:

Sheffield Hospitals Charitable Trust,
FREEPOST NAT 15348, Sheffield, S10 3ZZ.

For more information please call
0114 271 1351.

YOUR DETAILS:

Name

Address

Postcode

Email address

Date of birth

CONTINUED OVERLEAF >>

WE COULDN'T DO IT WITHOUT YOU! >> WE COULDN'T DO IT WITHOUT YOU!

Bangor Rally Raises Funds for CF



Kim Harrison, Sister in Medical Outpatients at the Royal Hallamshire Hospital, along with friends and family, took part in a Bangor Rally adventure in April, to raise funds for the Sheffield Cystic Fibrosis Appeal, in memory of their close friend and Cystic Fibrosis sufferer Paul Dungworth.

The event kicked off at the Miners Arms in Dronfield and involved an exciting treasure hunt with various tasks and challenges taking place along the East Coast, with stops in Whitby, Robin Hood's Bay, Filey and Scarborough, before the event came to a thrilling close at Middlesbrough Stadium.

Just under £500 has been collected so far for the Cystic Fibrosis Appeal, but donations do still continue to come in.

Blundells Support Sheffield Cystic Fibrosis Appeal



Blundells Estate Agents have very kindly donated £5,000 to the Sheffield Cystic Fibrosis Appeal.

Sarah Thornton, Specialist Dietitian in the Sheffield adult Cystic Fibrosis team, explains: "Whilst the adult Cystic Fibrosis service at the Northern General is recognised as a Centre of Excellence by the national Cystic Fibrosis Trust, it would be further improved if patients could be cared for in a purpose built dedicated unit providing the environment patients

with this condition really need. The Cystic Fibrosis Appeal aims to raise funds to build and fully equip such a centre. Any amount of money can make so much difference to this Appeal and £5,000 is an incredible sum to be given. We're very grateful."

Ian Appleyard, Director of Blundells, said: "Unfortunately we are well aware of how unpleasant this disease can be, as a few Blundells staff members have family who have Cystic Fibrosis. We are therefore delighted to be able to donate this money to the Appeal so that a dedicated unit can be provided. The staff do a brilliant job and we are pleased to be able to help continue to give patients the excellent care they need."

Scaling Mount Kilimanjaro for Leukaemia

Liz Benton, 34, climbed Mount Kilimanjaro in Africa in September, in order to raise money for the Sheffield Leukaemia and Blood Disorders Appeal.

Liz currently lives in Barnes, London, but ties to her former home city remain strong, as both of her parents currently still reside in Crosspool.

The inspiration for Liz's charity trek came from her Mum, Doreen Best, who was recently diagnosed with breast cancer, despite successfully beating lymphoma last year. Doreen underwent further intensive treatment at the Royal Hallamshire Hospital.

So far Liz has raised over £700. If you would like to support Liz and help raise further funds for the Appeal, please visit www.justgiving.com/LizBest/ to make a secure online donation.





cricket, there was a very popular barbecue, supplied and cooked by Jon French, and a raffle with many donated prizes.

The cricket match is part of continuing fundraising for the new Teenage and Young Persons Unit in the Haematology Department at the Royal Hallamshire Hospital, by Neil's parents, Jim and Susan Gardiner, and their family and friends.

Jim said: "The support for the cricket and other events is fantastic. We would like to thank Jon for the food and everyone who donated raffle prizes and money. These events have become very popular and we want it to continue so that we can carry on the good work started by Neil."

If you would like to make a donation or raise funds for the Teenage and Young Persons Unit, please contact Carol Denton on 0114 226 3517 or at carol.denton@shct.nhs.uk

Paul Dungworth Cup Supports Cystic Fibrosis

Two teams from Royal Mail's HR Services took part in a charity football match to raise money for the Sheffield Cystic Fibrosis Appeal.

The Paul Dungworth Cup was held in memory of Royal Mail employee Paul Dungworth, who worked in HR Services in Chesterfield, and was a Cystic Fibrosis patient who sadly passed away in 2008 aged just 31.

This was the second year the match, which was held between a team from



Chesterfield and a team from Sheffield, had taken place, with Sheffield looking to overturn last year's 3-0 defeat. After a lot of hard work on the pitch, the Sheffield side was triumphant in their attempts and took the trophy home, being 7-4 winners.

A great day was had by all those involved, both on the pitch and those supporting, with just over £2,000 being raised for the Cystic Fibrosis Appeal. This takes the total amount raised by Royal Mail HR Services to just over £5,000, which is a fantastic achievement.

The Cat and Fiddle Challenge



Fundraiser Stuart Webster, along with sons Joseph and Stanley, took part in the Cat and Fiddle Challenge in October. This 88km bike ride from Stoke to Macclesfield, involved a 7 mile climb up the Cat and Fiddle Road to Buxton, Axe Edge and then back to Stoke. The team of three completed the challenge in just under 4½ hours cycling time, with an hour for stops.

Stuart explains: "So many of our friends and their families have benefited from the medical treatment available at the Sheffield hospitals, so we really felt that Sheffield Hospitals Charitable Trust deserved our support. This challenge gave us the opportunity to demonstrate that with the right medical treatment at the right time, life can be thrilling and exciting even when things are tough, and that obstacles, however many, can be overcome."

Fundraiser Isla Denoon said: "We would like to thank Stuart, Joseph and Stanley for completing this challenge on our behalf. The team opted to raise money for our General Fund, to allow us to spend their money where the need is felt to be greatest. This is always incredibly helpful to us as we can direct donations exactly where they are needed."

So far, the team has raised just under £600, however, their JustGiving page is still open, so if you would like to show your support by making a donation, why not visit www.justgiving.com/Stuart-Webster/

I would like to help Sheffield Hospitals Shine by making a monthly payment of:

£5

£10

£25

Other

Your bank account name

Your bank account number

Your bank sort code

Name and address of your bank

Start Date

Payable to:

The Royal Bank of Scotland PLC (16-00-08)
Church Street, Sheffield, S1 1HF,
for the credit of Sheffield Hospitals Charitable
Trust, current account number 10025166

The above payment(s) are to go towards

(hospital/fund name/fund number)

Signature

Date

I would like Sheffield Hospitals Charitable Trust to claim the tax back on my donations under the Gift Aid scheme, which enables the charity to claim an extra 28p in every £1 I donate, but doesn't cost me a penny.

I do not wish to receive news, or any further communication, from Sheffield Hospitals Charitable Trust

Reference no.

(for office use only)

THANK YOU FOR YOUR SUPPORT.

WE COULDN'T DO IT WITHOUT YOU! >> WE COULDN'T DO IT WITHOUT YOU!

WE COULDN'T DO IT WITHOUT YOU!

Disparate Housewives!



12 ladies from Sheffield have come together with the aim of raising funds for the Teenage and Young Persons Unit on Ward P3 at the Royal Hallamshire Hospital. The Unit cares for teenagers and young adults (aged 16 to 24) with leukaemia and other blood disorders.

The 12 ladies, who named themselves the 'Disparate Housewives', first set about fundraising for the unit by producing a 2010 calendar. This cheeky calendar contains a comedy sketch and risqué caption for each month, with the ladies themselves featuring as the models. From this came the associated Christmas card featuring Miss December.

Then came the big one, the Marigold Ball! This prestigious black tie event brought together Sheffield's finest at Baldwin's Omega on Psalter Lane in late October. There was an auction, silent auction, marigold competition and raffle, with over 100 fantastic prizes on offer. BBC Radio Sheffield's Rony Robinson conducted the auction, with lots including a canteen of cutlery donated by Carrs of Sheffield and a beautiful diamond bracelet donated by UK Bullion.

The event proved to be a great success with everyone in attendance enjoying a terrific night out. Special thanks go to Clare and David Shepherd who led the whole event. Just under £21,000 was raised in total for the unit, in memory of Clare and David's daughter Sam and fellow patient Neil Gardiner.

Future events are now in the very early planning stages, so please keep yourself updated by visiting the Disparate Housewives website at www.disparatehousewives.co.uk

Couple's Charity Swim with Olympic Medalists

Paul Mann and his fiancée Rebecca Sharman took to the water alongside an array of Olympic medalists in September when they competed in the Great North Swim. Paul and Rebecca joined thousands of swimmers, both amateur and professional alike, to complete one mile of open water swimming in England's largest lake, Windermere, in the Lake District National Park.

Unlike some of their fellow participants, Paul and Rebecca did not have medals in mind. Instead they took part in order to raise money for the Palliative Care Unit at the Northern General Hospital. Between them they raised a massive £1,558 for the unit which looked after Paul's father in the last few weeks of his life.

Fundraiser Carol Denton, said: "Paul and Rebecca were very brave to take part in this event. Swimming in open water, which is extremely cold, is quite a challenge. The fact that they chose such a worthwhile cause to benefit from their efforts was brilliant and we really cannot thank them enough."



Ladies Pamper Evening



The Cystic Fibrosis Team hosted a Ladies Pamper Evening in September to raise funds for the Sheffield Cystic Fibrosis Appeal.

The event, which took place in the Physiotherapy Suite in Brearley Ward (A Floor) at the Northern General Hospital, gave ladies the opportunity to enjoy a bit of 'me' time, being pampered and preened to perfection, whilst enjoying a buffet, drinks and a chocolate fountain. Treatments included back and neck massages, Indian head massages, prescriptive facials, manicures, pedicures, face masks and foot scrubs.

The event was a great success and thoroughly enjoyed by all of the ladies who attended. Particular thanks go to Physiotherapist Katy Smith, for organising the event and managing things on the night. In total, £780 was raised for the Cystic Fibrosis Appeal.

Raising Funds for Young People with Leukaemia

Family and friends of Neil Gardiner raised over £1,600 at what has become an Annual Charity Cricket Sixes event, held in his memory at The Ivanhoe Hotel in Sprotbrough.

The full day event in September saw seven teams of six participate, including ex-RAF colleagues of Neil, the Scopie Sloggers, who came runners up to his friends' team, The Badgers, who won the Neil Gardiner Trophy. In addition to the

YOUR LASTING LEGACY

You may already be aware that Sheffield Hospitals Charitable Trust is the only NHS charity that raises funds for all of the NHS hospitals and organisations in Sheffield. For a number of years we have spent over £2 million for staff development, additional equipment, medical research and improvements to patient facilities.

A large part of the income that has enabled us to help enhance and improve patient care, came from people who remembered us in their Will and left a gift that made a difference to the ward, medical speciality or research project of their choice.

We welcome any gift, however large or small, and it doesn't have to mean choosing between family and charity. A residual gift in a Will is what is left after all the other bequests have been made. In this issue of SHINE we have included our leaflet 'Who will you leave a gift to?' This provides some information to help those who have not yet made a Will and gives three examples of the difference gifts have made.

A gift to be remembered by



Jessie Morton (1913 - 2009) was a life-long Sheffield resident. She was deaf from the age of 18 months and attended the Maud Maxfield School for the Deaf. On leaving school at 16, Jessie worked at local firm Rabone Chestermans on Pamona Street, Sheffield, leaving just before World War II, when she married Herbert Morton.

Herbert and Jessie were devoted to each other and enjoyed holidays with friends, often to their favourite resort of Blackpool.

Jessie overcame her disability by lip reading, which she did with great clarity. She was a very intelligent and sweet-natured lady, loved by family, friends and neighbours. She made great friends with those who cared for her later in life, both at home and in hospital.

Jessie chose to leave a gift of £500 to the Cardiac Services Fund at the Northern General Hospital, in memory of her husband Herbert who died of a heart attack there and later, Jessie at aged 95, died of heart failure there too.

Your gift can make a difference

The charity is deeply grateful to Jessie and all those who leave a gift in their Will. You do not need to decide between leaving your family secure and helping the NHS hospitals and organisations in Sheffield. When leaving a gift to Sheffield Hospitals Charitable Trust you decide where you want your gift to be spent. It could be for a particular ward, medical speciality or medical research project, at any of the NHS organisations or hospitals.



Sheffield Hospitals Charitable Trust and related charities

For information on, or to get involved with, SHCT fundraising please contact:

Isla Denoon, Fundraiser, 5 Old Fulwood Road, Sheffield S10 3TG
Telephone: 0114 226 3415 Email: isla.denoon@shct.nhs.uk
Registered Charity Number 1059043

A gift for generations to come

We will apply your gift according to the terms of your Will and you can be assured that every gift, however large or small, can help to make a real difference and help future generations for years to come.

Your gift could be a **Residual Gift**, which is a proportion of your estate left after all the other bequests have been made, or a **Specific Gift** of money or shares.

We'd love to hear from you

Why not send for our 'Lasting Legacy' practical guide to making a Will, adding a Codicil and worksheets, to help you prepare before visiting a Solicitor. For further details or information on leaving a gift in your Will, please contact Legacy Officer Janice Coley on 0114 271 1382 or e-mail charity@shct.nhs.uk

EASY WAYS YOU CAN HELP

Raising Funds Whilst Christmas Shopping...

With Christmas now just around the corner, many of you will be turning your attentions to that dreaded annual trip to every shop and supermarket in the land, or at least it can feel that way! This year, why not make things easy on yourself, and your feet, by doing your Christmas shopping online!

The charity is encouraging all of our supporters to use Easyfundraising - a free internet service for customers who shop online. You can choose from over 2,000 of the UK's best known retailers, including many popular names such as Amazon, Next, Argos, John Lewis and HMV, to name but a few. When you shop using the site, up to 15% from every purchase will be donated to your nominated cause. It doesn't cost a penny extra to shop this way and raise funds for your cause, and as many retailers now give extra discounts when you buy online, you can even save money.

So if you are interested in improving healthcare services in Sheffield, whilst reducing your own stress levels and sore feet this Christmas, why not visit www.easyfundraising.org.uk and simply start shopping!

SHCT Christmas Cards

This year we are proud to be offering a range of Christmas cards to raise further funds for the Sheffield Cystic Fibrosis Appeal. There are three separate designs, which are shown on the separate Christmas leaflet enclosed with this edition of SHINE. Each card features an original design, created especially for the Cystic Fibrosis Appeal. Special thanks go to Ethne Conlin, Nic Adams and Louise Tyers for their designs.



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